



**PERCEPTIONS OF INCLUSION, WELL-BEING, AND
IDENTIFICATION WITH THE EUROPEAN UNION AMONG
UKRAINIAN INTERNATIONAL STUDENTS**

**RESILIENT UKRAINIAN STUDENTS
IN A TIME OF WAR**

<https://ukrastud.eu/>

Alla Navolokina, PhD, Assoc. Prof.
International European University

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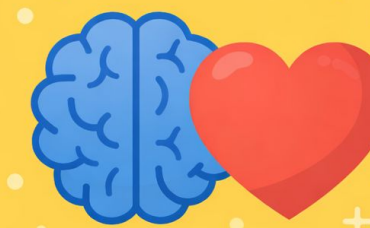
**Inclusion
policies**

**SATISFACTION WITH UNIVERSITY
INCLUSION POLICIES**



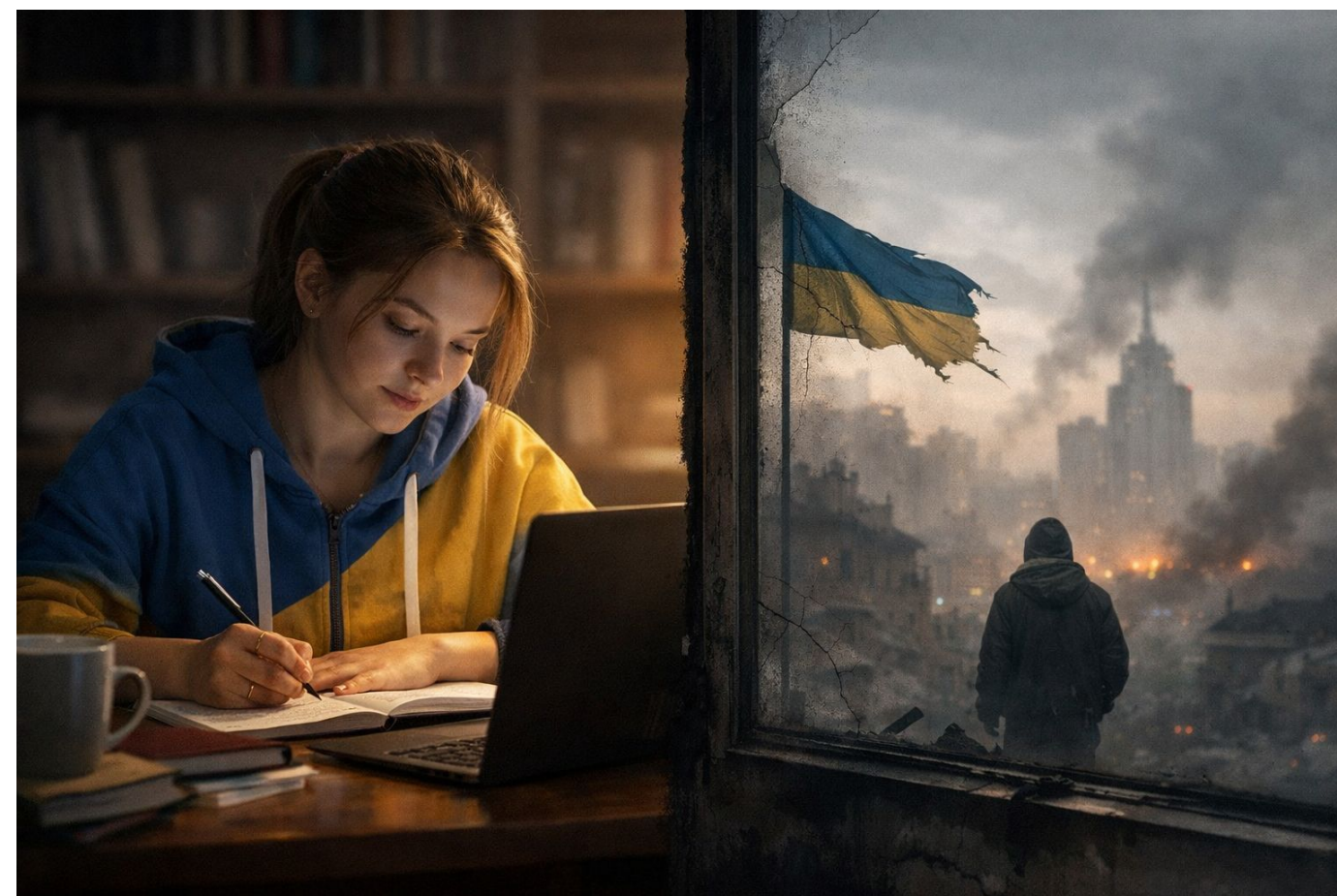
**Intergroup
contact**

INTERGROUP CONTACT



Well-being

PSYCHOLOGICAL AND SOCIAL WELL-BEING



**European
identity**

**ATTITUDES TOWARD THE EU
AND EUROPEAN IDENTITY**

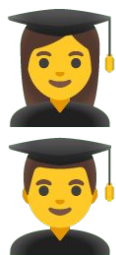
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METHODOLOGICAL FRAMEWORK AND SAMPLE OVERVIEW

69 students

Mean age: ~21

Gender: Men = 17;
Women = 47; Other = 5



Satisfaction of Ukrainian University students regarding the inclusion policies of the host University	7-point scale ranging from <i>definitely false</i> (1) to <i>definitely true</i> (7)
Psychological well-being and social well-being of Ukrainian students	Measure of psychological well-being: Flourishing Scale; Measures of social well-being: measures of self-expansion and social self-efficacy
Attitudes of Ukrainian students toward the host population and other EU countries	Feeling thermometer
Attitudes toward EU countries, European identification	Graphical measure IOS; Measure adapted from Meyer, Allen, and Smith's (1993) scale

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KEY FINDINGS

Inclusion policies

Key finding:

Satisfaction with Inclusion Policies adopted by the attended University - 5,74 / 7

Ukrainian universities play an important **supportive and inclusive role** for students in the current context

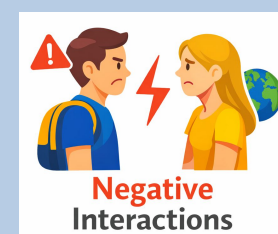
Intergroup contact

Key finding:

Positive contact is **more frequent than negative contact**



4,52-5,28



1,89-2,35

Well-being of students

Key finding:

Psychological well-being: Flourishing - 5,55 / 7
Social well-being: Self-expansion – 5,59 / 7
Social well-being: Social Self-efficacy - 4,82 / 7

Even in a very challenging context, students are not just coping , but **adapting and growing**.

Attitudes toward EU countries

Key finding:

7,86-7,96
Students show **positive attitudes toward EU countries**
No significant differences between countries
Openness toward Europe remains strong

ACADEMIC PERFORMANCE: Students show **above-average academic performance** (*Mean $\approx$ 3.39*)

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European identification

KEY FINDING:

Students identify with
the European Union –

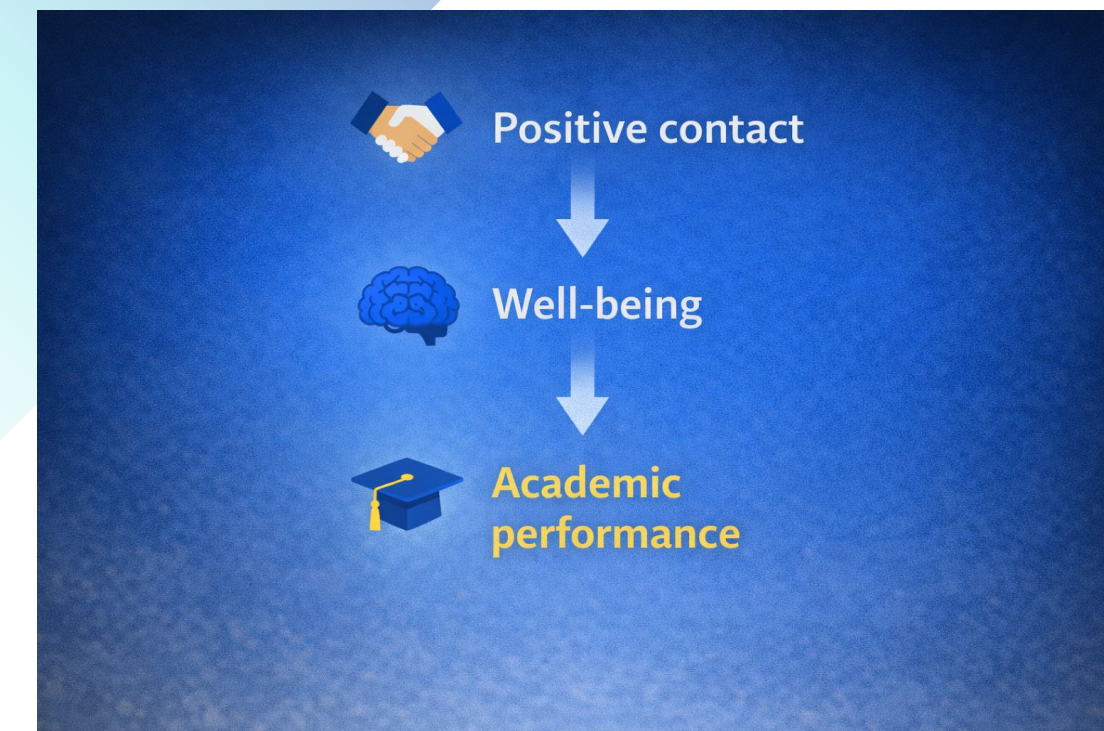
4,83



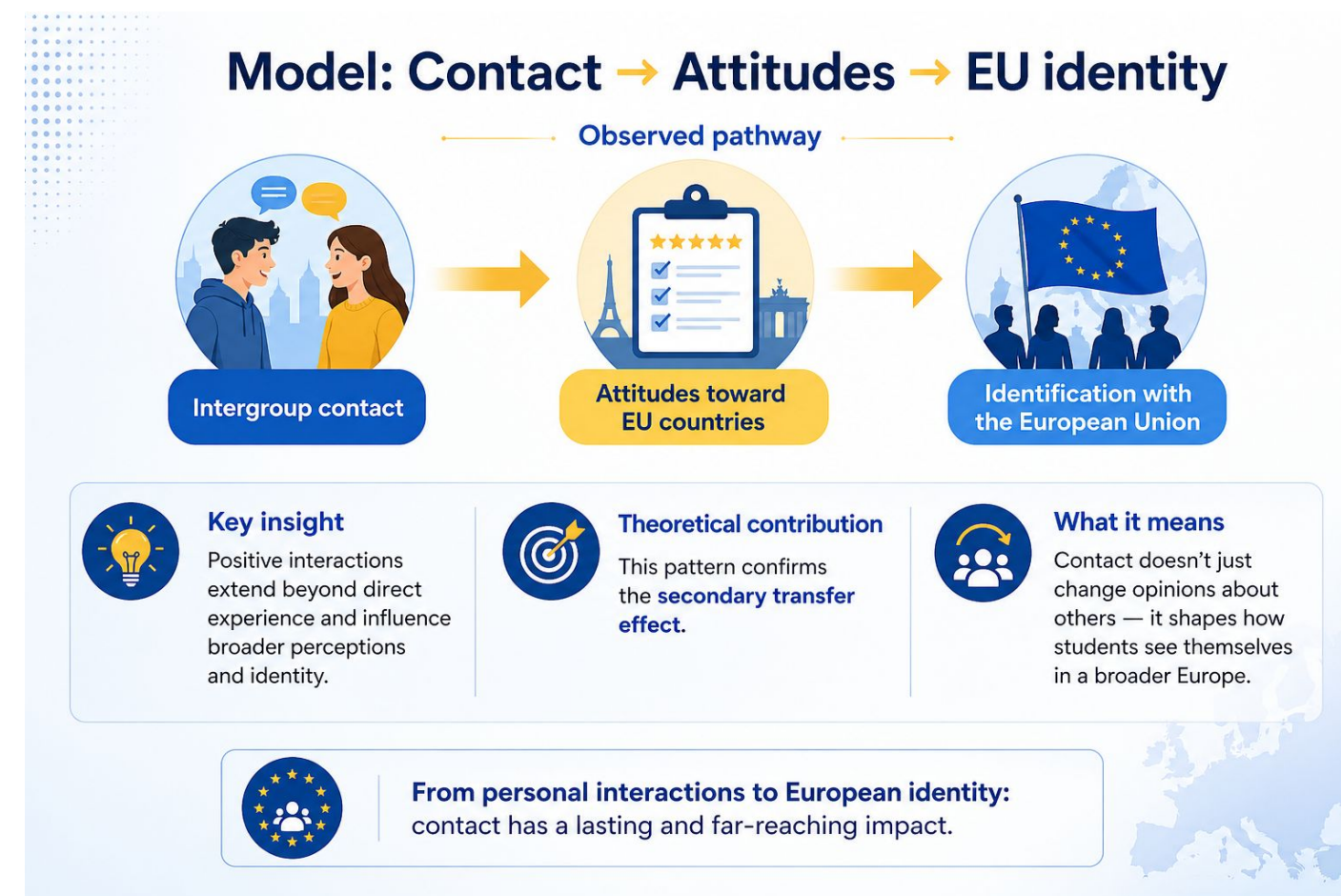
Positive attitudes
toward EU membership



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🌟 **Unique result for Ukraine: Positive contact influences: Well-being and academic performance**



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KEY CONCLUSIONS

Students in Ukraine:

Feel included within their universities

Show high levels of well-being

Remain open and positively oriented toward Europe

KEY RECOMMENDATIONS

Strengthen **inclusion policies** in universities

Promote **international and intergroup contact**

Support **student interactions and engagement**

KEY ACTIONS

Expand **international mobility and exchange programs**

Strengthen **support systems for students during wartime**

Promote **intercultural interaction and dialogue**



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THANKS FOR BEING ATTENTIVE

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